

# The CeDAR Experience

"My life has blossomed since I went to CeDAR and I can honestly say it was the best decision I've ever made." – Dana

"My life has been transformed and the clarity of each day is remarkable! It simply would not have been possible without CeDAR." – Nicole

"The time I spent at CeDAR was the most productive of my life... for my life." – Todd

"I am so grateful for this program and all the staff there!" – Heather



Recognized as the #1 addiction treatment facility in Colorado by Newsweek for 5 consecutive years.



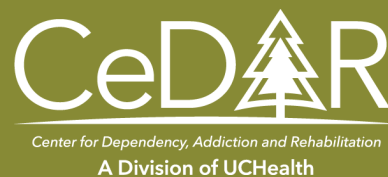
We accept most commercial insurance plans.

## More information.

Contact our Admissions Team:

720.848.3000  
or email us at  
[UCH-CeDARadmission@uchealth.org](mailto:UCH-CeDARadmission@uchealth.org)

1693 N. Quentin St.  
Aurora, CO 80045  
[cedarcolorado.org](http://cedarcolorado.org)



# CeDAR Recovery Programs

We Champion Recovery.  
We Improve Lives.  
We Save Lives.

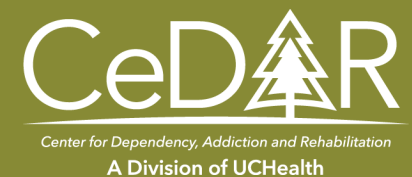
At CeDAR, we use a multidisciplinary team approach to create individualized care plans and offer a full continuum of care including:

## Outpatient Services

- Intensive Group Therapy
- Addiction Medicine & Psychiatry

## Inpatient Services

- Medical Detox
- Residential



[cedarcolorado.org](http://cedarcolorado.org)

## Inpatient Detox:

CeDAR's medically monitored withdrawal management program provides a comprehensive approach to clinical care, psychiatric evaluation, and medical supervision for patients seeking to enter our residential program. From arrival to the assessment and detox unit, patients are able to receive medications to reduce the severity of withdrawal symptoms if needed. Patients vitals are monitored regularly, nurses are on-site 24-hours a day and providers are available for consultation around the clock.

## Residential Treatment:

CeDAR is home to two residential cottages that house up to 20 patients each. The residential program is led by a multidisciplinary team of Board Certified Addiction Psychiatrists, Licensed Counselors, Exercise Specialists, our Chaplain, and additional trained addiction professionals. Our program consists of group therapy, weekly individual therapy, fitness center groups, weekly psychiatry appointments, and individualized treatment plans. We have a 7-acre campus with a walking trail, basketball court, open space for corn-hole or volleyball games, and many places to sit in the open air. Our team strives to ensure every individual has a plan for continued treatment at the time of discharge.

## Intensive Group Therapy:

CeDAR offers multiple time and format options for outpatient group therapy. Our most popular outpatient therapy option is our Intensive Outpatient Program which consists of group therapy held three times per week, three hours per day. The program can last up to 36 sessions, or twelve weeks, depending on the recommendation of your treatment team. You will also meet individually with a counselor throughout this program.

## For More Information.

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## Outpatient Services:

Our board certified addiction medicine providers offer medication assisted treatment to both patients seeking abstinence as well as those seeking a harm reduction approach. Your provider can work in tandem with your CeDAR counselor to ensure an individualized care plan.

Overall, our program integrates the science of evidence-based clinical, medical and pharmacological interventions. We also offer various community recovery support pathways that may include 12-Step Fellowships, SMART Recovery, Recovery Dharma, LifeRing, and the alumni program.



We  
Champion  
Recovery

